

NEW JERSEY

SAFETY INSTITUTE

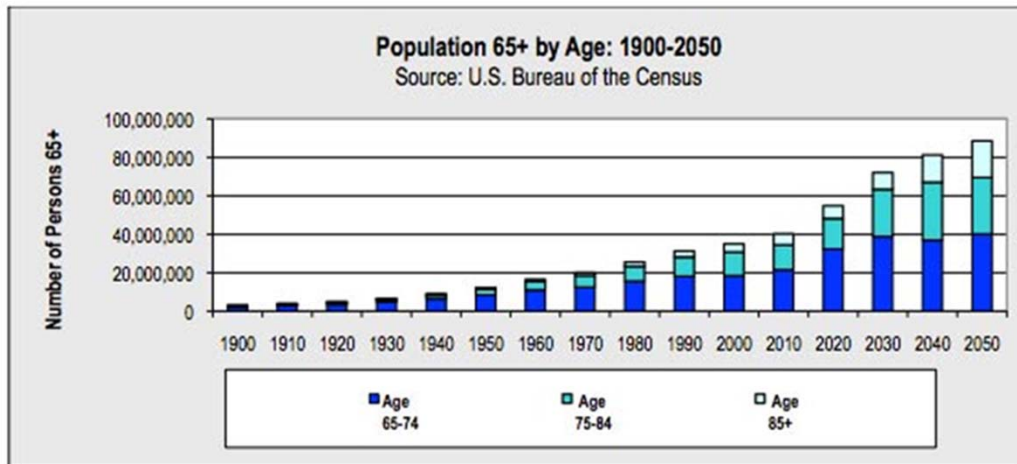


PREVENTING SLIPS & FALLS

US Senior Citizen Population

1960 – 2050

Millions



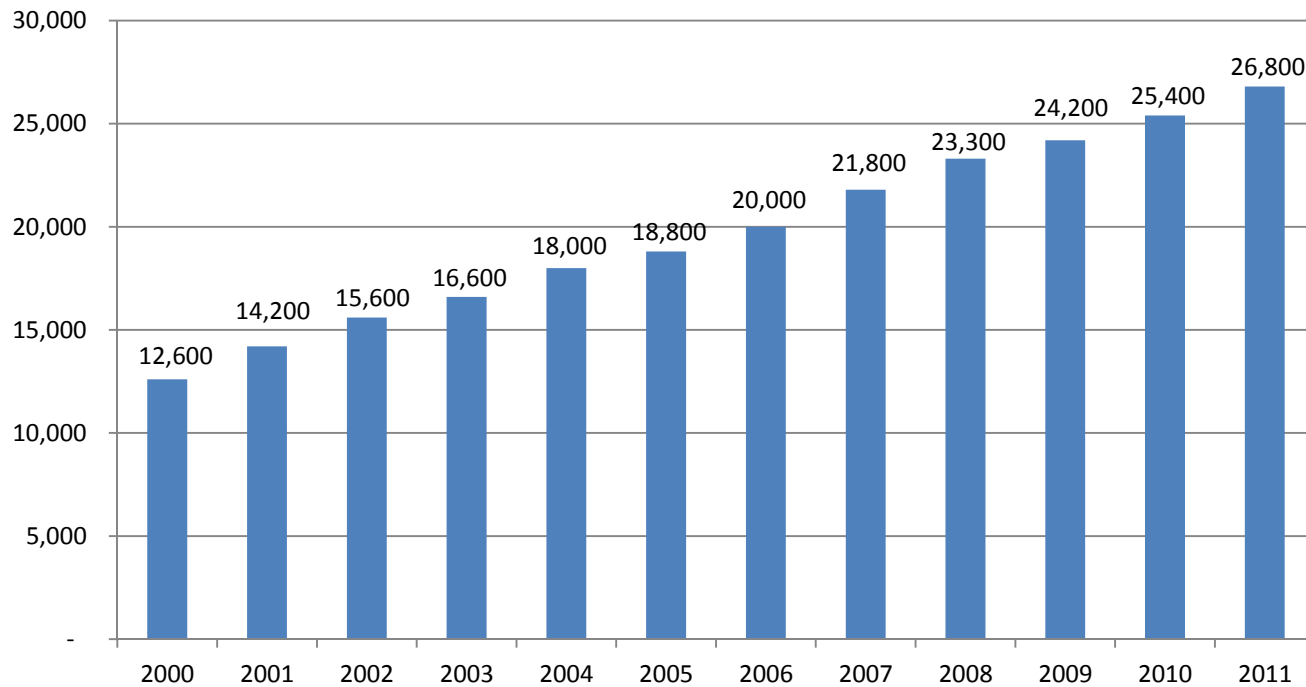
1960 – 16.6
 1970 – 20.0
 1980 – 26.6
 1990 – 31.1
 2000 – 34.7
 2010 – 39.4
 2020 – 53.2
 2030 – 69.4
 2040 – 75.2
 2050 – 78.9

Senior Citizens



- More than one-third of all seniors age 65 or over are injured in falls each year.
- Seniors account for 18% of pedestrian accidents.
- Seniors suffer twice as many fire deaths as the general population.

Fatal Accidents - Fall Downs



Senior Citizens



- 6% of all people who are injured in a fall down suffer a fracture.
- 1 in 6 fractures involve the hip.
- Half of all elderly adults over the age 65 hospitalized for hip fractures cannot return home or live independently after the fracture.
- 25% die within 6 months.

Senior Citizens



Slip and fall accidents when entering and exiting the bathtub or shower contribute nearly 25% of hospital admissions for people age 65 and older.

Smart Moves

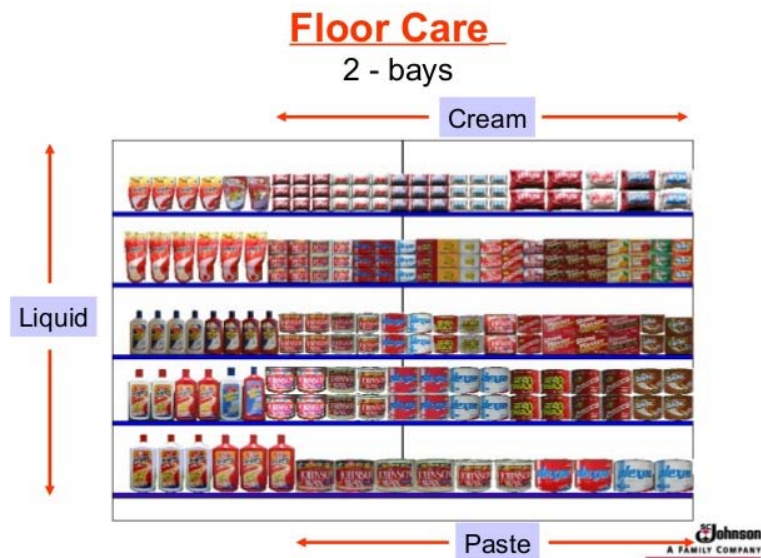


Flooring



Select floor material based on traction.

Cleaning Products



Select floor cleaning products based on traction.



- Assoc. of Chiefs of Police
- Assoc. of Counties
- GENESIS
- League of Municipalities
- Munich Re America
- Municipal Ex Liab (MEL)
- Safety National
- School Insurance Group
- School Pool for Ex Liab

Mission

To build a safety culture in New Jersey through public awareness by providing information and education to both citizens and governmental officials. The Institute will also encourage a dialogue between all levels of government on safety issues and implement campaigns requiring coordination between government and the public. A non-profit organization, the institute recruits [volunteers](#) to assist communities, schools, and counties expand their safety programs.

NEWS and Recent Additions:

With the launch of this website, the Institute is building an on line safety resource center for governmental officials and the public. The menu tabs along the top link to material on work safety, vehicle safety, public safety, senior citizens, emergency services, school safety and a special section for public officials. The Institute has organized committees to develop material for each of these sections. The movie camera button (upper right) links to safety videos that can be streamed on line. The links to the left connect to the websites of the Institute's members and sponsors.

Even before it was officially organized, the Institute released a [documentary video](#) addressing the causes of pedestrian accidents. The Institute is currently developing a program on slips and falls, with focus on both senior citizen and on the job exposures.

njsafetyinstitute.org

<http://bianj.org>



Brain Injury Alliance

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Our mission is to support and advocate for individuals affected by brain injury and raise awareness through education and prevention.
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BIANJ

FREE Fall Regional Seminars

<http://bianj.org/>

SAVE THE DATES

This checklist is based on the original version printed by the Centers for Disease Control and Prevention. Support for this version was provided by MetLife Foundation.

2005



**Check
for
Safety**



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Department of Health and Human Services
Centers for Disease Control and Prevention



A Home Fall
Prevention
Checklist for
Older Adults



For more information, contact:
Centers for Disease Control and Prevention
770-488-1506
www.cdc.gov/injury



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QUESTIONS

